

Extensions of the Starobinsky R^2 inflationary model

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based on

V.R. Ivanov, S.V. Ketov, E.O. Pozdeeva, S.Yu. Vernov,
JCAP **2203** (2022) 058 [arXiv:2111.09058]
S.V. Ketov, E.O. Pozdeeva, S.Yu. Vernov,
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The Starobinsky R^2 inflationary model

Starobinsky model of inflation, whose action is given by

$$S_{\text{Star.}}[g_{\mu\nu}^J] = \frac{M_{\text{Pl}}^2}{2} \int d^4x \sqrt{-g_J} \left(R_J + \frac{1}{6m^2} R_J^2 \right), \quad (1)$$

includes the inflaton mass m , fixed by CMB measurements,

$$m = 1.3 \left(\frac{55}{N} \right) 10^{-5} M_{\text{Pl}},$$

where N is the number of e-foldings before the end of inflation.

A.A. Starobinsky, *Phys. Lett. B* **91** (1980) 99.

The action (1) is dual to the quintessence (or scalar-tensor gravity) action

$$S_{\text{quint.}}[g_{\mu\nu}, \phi] = \int d^4x \sqrt{-g} \left[\frac{M_{\text{Pl}}^2}{2} R - \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - V_{\text{Star.}}(\phi) \right] \quad (2)$$

in terms of the canonical scalar ϕ and another metric $g_{\mu\nu}$ in the Einstein frame, related to $g_{\mu\nu}^J$ (in the Jordan frame) by a Weyl transformation.

The induced scalar potential is given by

$$V_{\text{Star.}}(\phi) = \frac{3}{4} M_{\text{Pl}}^2 m^2 \left[1 - \exp \left(-\sqrt{\frac{2}{3}} \frac{\phi}{M_{\text{Pl}}} \right) \right]^2. \quad (3)$$

The main cosmological parameters of inflation are given by the scalar tilt n_s and the tensor-to-scalar ratio r , whose values are constrained by the combined Planck, WMAP and BICEP/Keck observations of CMB as

$$n_s = 0.9649 \pm 0.0042 \quad (68\% \text{CL}) \quad \text{and} \quad r < 0.036 \quad (95\% \text{CL}) .$$

The Starobinsky model is known as the excellent model of large-field slow-roll cosmological inflation with very good agreement to the observation data.

ϕ_i/M_{Pl}	5.2262	5.4971
n_s	0.961	0.969
r	0.0043	0.0027
N_e	49.258	62.335

The values of the inflationary parameters are sensitive to the duration of inflation and the initial value of the inflaton field, ϕ_i .

The $F(R)$ gravity action can be rewritten as

$$S_J[g_{\mu\nu}^J, \sigma] = \int d^4x \sqrt{-g^J} [F_{,\sigma}(R_J - \sigma) + F] , \quad (4)$$

where the new scalar field σ has been introduced, and $F_{,\sigma}(\sigma) = \frac{dF(\sigma)}{d\sigma}$. After the Weyl transformation of the metric

$$g_{\mu\nu} = \frac{2F_{,\sigma}(\sigma)}{M_{Pl}^2} g_{\mu\nu}^J \quad (5)$$

one gets the following action in the Einstein frame:

$$S_E[g_{\mu\nu}, \sigma] = \int d^4x \sqrt{-g} \left[\frac{M_{Pl}^2}{2} R - \frac{h(\sigma)}{2} g^{\mu\nu} \partial_\mu \sigma \partial_\nu \sigma - V \right] , \quad (6)$$

where we have introduced the functions

$$h(\sigma) = \frac{3M_{Pl}^2}{2F_{,\sigma}^2} F_{,\sigma\sigma}^2 \quad \text{and} \quad V(\sigma) = M_{Pl}^4 \frac{F_{,\sigma}\sigma - F}{4F_{,\sigma}^2} . \quad (7)$$

Introducing the canonical scalar field ϕ instead of σ as

$$\phi = \sqrt{\frac{3}{2}} M_{Pl} \ln \left[\frac{2}{M_{Pl}^2} F_{,\sigma} \right] \quad (8)$$

allows one to rewrite the action S_E to the standard (quintessence or scalar-tensor) form:

$$S_E[g_{\mu\nu}, \phi] = \int d^4x \sqrt{-g} \left[\frac{M_{Pl}^2}{2} R - \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - V(\phi) \right]. \quad (9)$$

The inverse transformation reads as follows:

$$R_J = \left[\frac{\sqrt{6}}{M_{Pl}} V_{,\phi} + \frac{4V}{M_{Pl}^2} \right] \exp \left(\sqrt{\frac{2}{3}} \frac{\phi}{M_{Pl}} \right), \quad (10)$$

$$F = \frac{M_{Pl}^2}{2} \left[\frac{\sqrt{6}}{M_{Pl}} V_{,\phi} + \frac{2V}{M_{Pl}^2} \right] \exp \left(2\sqrt{\frac{2}{3}} \frac{\phi}{M_{Pl}} \right), \quad (11)$$

where $V_{,\phi} = \frac{dV}{d\phi}$, defining the function $F(R_J)$ in the parametric form with the parameter ϕ .

Being motivated by the potential (3), we find useful to introduce the non-canonical dimensionless field

$$y \equiv \exp \left(-\sqrt{\frac{2}{3}} \frac{\phi}{M_{Pl}} \right) = \frac{M_{Pl}^2}{2F_{,\sigma}} > 0 \quad (12)$$

because it is (physically) *small* during slow-roll inflation. Defining $\tilde{V}(y) = V(\phi)$, we simplify Eqs. (10) and (11) as follows:

$$R_J = \frac{2}{M_{Pl}^2} \left(2 \frac{\tilde{V}}{y} - \tilde{V}_{,y} \right), \quad (13)$$

$$F = \frac{\tilde{V}}{y^2} - \frac{\tilde{V}_{,y}}{y}, \quad (14)$$

respectively.

In the Starobinsky model, we have

$$\tilde{V}_{\text{Star.}}(y) = V_0(1-y)^2, \quad \text{where} \quad V_0 = \frac{3}{4} m^2 M_{Pl}^2. \quad (15)$$

In the spatially flat FLRW universe with the metric

$$ds^2 = -dt^2 + a^2(t) (dx^2 + dy^2 + dz^2) ,$$

the action (9) leads to the standard system of evolution equations:

$$6M_{Pl}^2 H^2 = \dot{\phi}^2 + 2V, \quad (16)$$

$$2M_{Pl}^2 \dot{H} = -\dot{\phi}^2, \quad (17)$$

$$\ddot{\phi} + 3H\dot{\phi} + V_{,\phi} = 0, \quad (18)$$

where $H = \dot{a}/a$ is the Hubble parameter,
 $a(t)$ is the scale factor,
and the dots denote the derivatives with respect to the cosmic time t .

In the inflationary model building, the e-foldings number

$$N_e = \ln \left(\frac{a_{\text{end}}}{a} \right) , \quad (19)$$

where a_{end} is the value of a at the end of inflation, is considered instead of the time variable. Using the relation $d/dt = -H d/dN_e$, one can rewrite Eq. (16) as follows:

$$Q = \frac{2V}{6M_{Pl}^2 - \chi^2} , \quad (20)$$

where $Q \equiv H^2$ and $\chi = \phi' = -\dot{\phi}/H$, and the primes denote the derivatives with respect to N_e .

Equations (17) and (18) yield the dynamical system of equations:

$$Q' = \frac{1}{M_{Pl}^2} Q \chi^2 , \quad \phi' = \chi , \quad \chi' = 3\chi - \frac{1}{2M_{Pl}^2} \chi^3 - \frac{1}{Q} \frac{dV}{d\phi} . \quad (21)$$

We rewrite the last equation as

$$\chi' = 3\chi - \frac{1}{2M_{Pl}^2} \chi^3 - \frac{6M_{Pl}^2 - \chi^2}{2V} \frac{dV}{d\phi} . \quad (22)$$

In the Einstein frame, the slow-roll parameters are

$$\epsilon = \frac{M_{Pl}^2}{2} \left(\frac{V_{,\phi}}{V} \right)^2 = \frac{y^2}{3} \left(\frac{\tilde{V}_{,y}}{\tilde{V}} \right)^2 ,$$

$$\eta = M_{Pl}^2 \left(\frac{V_{,\phi\phi}}{V} \right) = \frac{2y}{3\tilde{V}} \left(\tilde{V}_{,yy} + y \tilde{V}_{,yy} \right) .$$

The scalar spectral index n_s and the tensor-to-scalar ratio r in terms of the slow-roll parameters are given by

$$n_s = 1 - 6\epsilon + 2\eta, \quad r = 16\epsilon . \quad (23)$$

In the slow-roll approximation, the function $\phi(N_e)$ can be found as a solution of

$$\chi \equiv \phi' \simeq \frac{M_{Pl}^2}{V} V_{,\phi} \quad (24)$$

when demanding that $\epsilon = 1$ corresponds to the end of inflation with $a = a_{\text{end}}$.

Equation (24) is equivalent to

$$y' = \frac{2y^2 \tilde{V}_{,y}}{3\tilde{V}} . \quad (25)$$

The $(R + R^2 + R^3)$ gravity models of inflation

To the best of our knowledge, adding the higher-order terms in R was first proposed in

J.D. Barrow and S. Cotsakis, *Phys. Lett. B* **214** (1988) 515.

A generic $(R + R^2 + R^3)$ gravity action is given by

$$S_{3\text{-gen.}} = \frac{M_{Pl}^2}{2} \int d^4x \sqrt{-g_J} \left[(1 + \delta_1) R_J + \frac{(1 + \delta_2)}{6m^2} R_J^2 + \frac{\delta_3}{36m^4} R_J^3 \right],$$

where we have introduced the three dimensionless parameters δ_i .
The corresponding inflaton scalar potential (7) is given by

$$V(\sigma) = \frac{16V_0\tilde{\sigma}^2 [3(1 + \delta_2) + \delta_3\tilde{\sigma}]}{3 [12(1 + \delta_1) + 4(1 + \delta_2)\tilde{\sigma} + \delta_3\tilde{\sigma}^2]^2},$$

where the dimensionless variable $\tilde{\sigma} = \sigma/m^2$ has been introduced.
 $V(0) = 0$, $V(\tilde{\sigma}) > 0$ at $\tilde{\sigma} > 0$, and V tends to zero at $\tilde{\sigma} \rightarrow +\infty$, while the potential has a maximum at some positive value of $\tilde{\sigma}$. The equation $V' = 0$ has only one positive root given by $\tilde{\sigma}_{\text{max.}} = 6\sqrt{\frac{1+\delta_1}{\delta_3}}$.

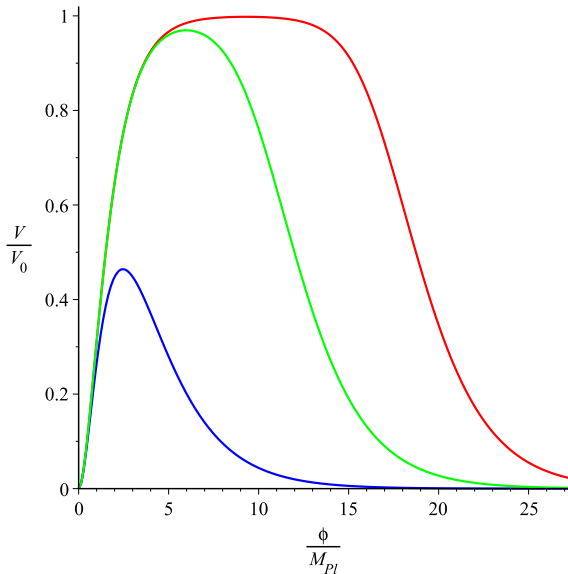


Figure: The normalized potential $V(\phi)/V_0$ with $\delta_1 = \delta_2 = 0$ for $\delta_3 = 0.000001$ (red), $\delta_3 = 0.000247$ (blue), and $\delta_3 = 1/3$ (green).

To study the impact of the R^3 -term on inflation in more detail, let us consider the simplest non-trivial case with $\delta_1 = \delta_2 = 0$, in which Eq. (12) implies

$$\frac{1}{y} = 1 + \frac{1}{3}\tilde{\sigma} + \frac{\delta_3}{12}\tilde{\sigma}^2. \quad (26)$$

Equation (26) is a quadratic equation on $\tilde{\sigma}$ as a function of y . The only positive root of this equation is given by

$$\tilde{\sigma} = \frac{2}{\delta_3} \left[\sqrt{1 + 3\delta_3 (y^{-1} - 1)} - 1 \right] = \frac{2}{\delta_3} \left[\sqrt{1 + 3\delta_3 \left(e^{\sqrt{\frac{2}{3}}\phi/M_{Pl}} - 1 \right)} - 1 \right].$$

Using Eqs. (7) and (12), we find the scalar potential in terms of y or the inflaton field ϕ as follows:

$$\tilde{V}(y) = \frac{4V_0}{27\delta_3^2 y} \left[y + 2\sqrt{y(y + 3\delta_3(1 - y))} \right] \left(y - \sqrt{y(y + 3\delta_3(1 - y))} \right)^2.$$

It is worth noticing that $\tilde{V}_{\text{Star.}}(y)$ is reproduced in the limit $\delta_3 \rightarrow 0$.

The condition $\phi_i < \phi_{\max.}$ yields the additional restriction on the possible initial values of ϕ , being represented by the blue curve on the left-hand-side of Fig. 2.

The upper bound on the parameter δ_3 can be estimated by assuming the observable value of n_s to be calculated at the maximum of the potential. Then we find

$$n_s(\phi_{\max.}) = 1 - \frac{8\sqrt{\delta_3} (1 + 4\sqrt{\delta_3} + 4\delta_3)}{3 (3\sqrt{\delta_3} + 1) (2\sqrt{\delta_3} + 1)^2} . \quad (27)$$

Since observations require $n_s > 0.960$, we get $\delta_3 < 0.0002467$. The dependence of n_s upon δ_3 is given on the right-hand-side of Fig. 2. Therefore, the domain of allowed values of δ_3 and ϕ is highly restricted.

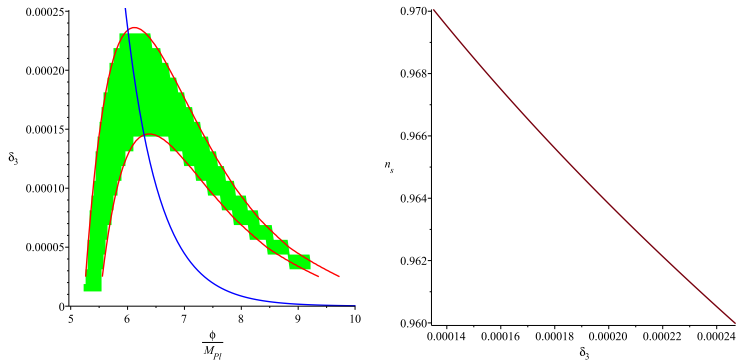


Figure: The allowed range of δ_3 and ϕ from the observational constraints (Planck): $0.961 < n_s < 0.969$ (left), and the dependence of n_s upon δ_3 (right), under the assumption that inflation started at the maximum of the potential.

The $(R + R^{3/2} + R^2)$ gravity model of inflation

Let

$$F(R_J) = \frac{M_{Pl}^2}{2} \left[R_J + \frac{1}{6m^2} R_J^2 + \frac{\delta}{m} R_J^{3/2} \right], \quad (28)$$

where we have introduced the dimensionless parameter δ .

The $R^{3/2}$ term appears in the (chiral) modified supergravity

S.V. Ketov and A.A. Starobinsky, Phys. Rev. D 83 (2011) 063512 [1011.0240].

S.V. Ketov and S. Tsujikawa, Phys. Rev. D 86 (2012) 023529 [1205.2918].

The $R^{3/2}$ -term in $F(R)$ gravity arises in an approximate description of the Higgs field with a small cubic term in its scalar potential and a large non-minimal coupling to R

J.S. Martins, O.F. Piattella, I.L. Shapiro and A.A. Starobinsky, 2010.14639.

Given $\tilde{\sigma} > 0$, we find

$$F_{,R_J} = \frac{M_{Pl}^2}{6} \left(\sqrt{R_J} + \frac{9\delta}{4} \right)^2 - \frac{3}{16} (27\delta^2 - 16) > 0 \quad (29)$$

when $\delta > -4\sqrt{3}/9$, and

$$F_{,R_J R_J} = \frac{M_{Pl}^2}{24m^2} \left(4 + \frac{9\delta}{\sqrt{R_J}} \right) > 0 \quad (30)$$

only when $\delta > 0$.

Hence, the condition $\delta > 0$ is necessary to get a stable $F(R)$ gravity model for all $R_J > 0$.

The corresponding scalar potential (7) is given by

$$V = \frac{4V_0\tilde{\sigma}(3\delta\sqrt{\tilde{\sigma}} + \tilde{\sigma})}{(6 + 9\delta\sqrt{\tilde{\sigma}} + 2\tilde{\sigma})^2} . \quad (31)$$

Equation (12) in this case is a quadratic equation on $\sqrt{\tilde{\sigma}}$, and its only real solution is

$$\tilde{\sigma} = \frac{3(1-y)}{y} + \frac{9\delta}{8y} \left[9\delta y - \sqrt{3y(27\delta^2 y - 16y + 16)} \right] . \quad (32)$$

The potential can be rewritten as

$$\begin{aligned} \tilde{V} &= \frac{V_0}{2304y^2} (s + 3\delta y)(s - 9\delta y)^3 \\ &= \frac{243V_0\delta^4 y^2}{256} \left(3\sqrt{1 + \frac{16(1-y)}{27\delta^2 y}} + 1 \right) \left(\sqrt{1 + \frac{16(1-y)}{27\delta^2 y}} - 1 \right)^3 , \end{aligned}$$

where we have introduced $s = \sqrt{3y(27\delta^2 y - 16y + 16)}$.

When $\delta = 4\sqrt{3}/9$, the $F_{,\sigma}$ function is a perfect square, and the potential simplifies as

$$\tilde{V}_{\text{special}}(y) = \frac{V_0}{3} (3 + \sqrt{y}) (1 - \sqrt{y})^3, \quad (33)$$

or

$$V_{\text{special}}(\phi) = \frac{V_0}{3} \left(e^{\phi/(\sqrt{6}M_{Pl})} - 1 \right)^3 \left(1 + 3e^{\phi/(\sqrt{6}M_{Pl})} \right) e^{-2\sqrt{2/3}\phi/M_{Pl}}.$$

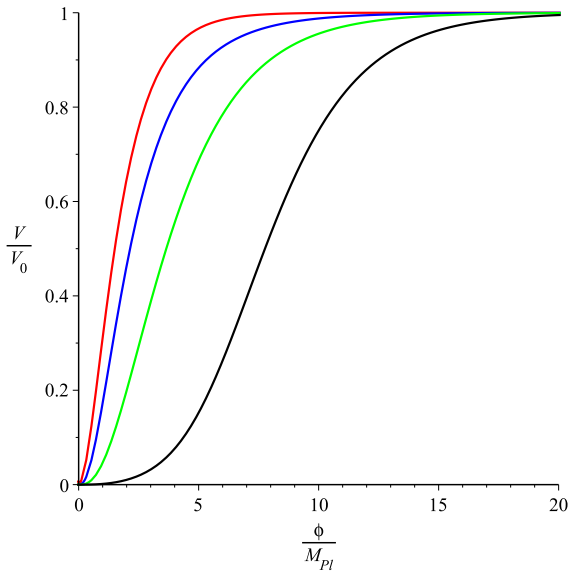


Figure: The potential $V(\phi)$ for $\delta = 0$ (red), $\delta = 1/5$ (blue), $\delta = 4\sqrt{3}/9$ (green), and $\delta = 5$ (black).

The inflationary parameters

The inflationary parameters are given by

$$n_s = 1 + \frac{8y (3s(3\delta(9\delta^2 - 16)s + 720\delta^2 - 256)y^2 - s^3\delta(39\delta y + s))}{(-9\delta y + s)^2 (3\delta y + s)^2 s} - \frac{8y [72\delta(4 - 9\delta^2)(27\delta^2 - 16)y^4 + [(768 - 1215\delta^4 - 432\delta^2)s - 144\delta(45\delta^2 - 16)]y^3]}{(-9\delta y + s)^2 (3\delta y + s)^2 s} \quad (34)$$

and

$$r = \frac{768 y^2 (-9 \delta^2 y + s \delta + 8 y)^2}{(-9 \delta y + s)^2 (3 \delta y + s)^2} . \quad (35)$$

The amplitude of scalar perturbations is given by

$$A_s = \frac{(-9 \delta y + s)^5 (3 \delta y + s)^3 m^2}{3538944 y^4 \pi^2 (-9 \delta^2 y + s \delta + 8 y)^2} . \quad (36)$$

The observed value of A_s determines the value of the parameter m .

The slow-roll evolution equation allows us to relate N_e with y at the end of inflation,

$$N_e = \left(\frac{9}{8} - \delta^{-2} \right) \ln [9\delta^3 (9\delta y - s) + 24(1 - 4y)\delta^2 + 8(\delta s + 4y)] \\ + \left(\delta^{-2} - \frac{3}{8} \right) \ln y + \frac{s}{4\delta y} - N_0 ,$$

where the integration constant N_0 is fixed by the condition $N_e(y_{end}) = 0$. The analytic formula for $N_0(\delta)$ is obtained by substituting $N_e = 0$ and $y = y_{end}$.

The condition $\epsilon = 1$ gives

$$y_{end} = \frac{3(4 - 3\delta^2 + \sqrt{3}\delta^2) - \sqrt{9(4 - 3\delta^2 + \sqrt{3}\delta^2)^2 - 72(2 - 3\delta^2)}}{2(2 - 3\delta^2)(3 + 2\sqrt{3})} .$$

It is worth noticing that this solution has no singularity at $\delta = \sqrt{2/3}$, while $y_{end}(\delta)$ is a smooth monotonically decreasing function.

Table: The values of y , N_e and r corresponding to $n_s = 0.961$ and $n_s = 0.969$, respectively, and the values of y_{end} for some values of the parameter δ .

δ	y_{end}	$y_{in, n_s=0.961}$	$y_{in, n_s=0.969}$	$N_{e, 0.961}$	$N_{e, 0.969}$	$r_{n_s=0.961}$	$r_{n_s=0.969}$
0	0.464	0.0140	0.0112	49.3	62.3	0.0043	0.0027
0.2	0.395	0.00682	0.00505	45.0	56.8	0.0096	0.0065
$\frac{4\sqrt{3}}{9}$	0.299	0.00146	0.000968	48.1	60.9	0.0152	0.0099
1	0.279	0.000939	0.000616	49.4	62.4	0.0157	0.0102
5	0.205	$4.32 \cdot 10^{-5}$	$2.75 \cdot 10^{-5}$	56.3	69.7	0.0168	0.0108
10	0.199	$1.08 \cdot 10^{-5}$	$6.91 \cdot 10^{-6}$	58.7	72.0	0.0168	0.0108
25	0.197	$1.74 \cdot 10^{-6}$	$1.11 \cdot 10^{-6}$	61.4	74.8	0.0169	0.0108
50	0.196	$4.34 \cdot 10^{-7}$	$2.77 \cdot 10^{-7}$	63.5	76.9	0.0169	0.0108
100	0.196	$1.09 \cdot 10^{-7}$	$6.92 \cdot 10^{-8}$	65.5	79.1	0.0169	0.0108

Superstring theory is the theory of quantum gravity that can provide the UV-completion to viable inflation models.

We modify the Starobinsky inflation model by adding the Bel-Robinson (BR) tensor $T^{\mu\nu\lambda\rho}$ squared term proposed as the leading quantum correction inspired by superstring theory.

In 4 spacetime dimensions is defined by the BR tensor squared can be rewritten in terms of the Euler and Pontryagin densities squared by using the identities

$$T^{\mu\nu\lambda\rho} T_{\mu\nu\lambda\rho} = \frac{1}{4} (P_4^2 - E_4^2), \quad (37)$$

where the Euler and Pontryagin (topological) densities are

$$E_4 = \mathcal{G} = {}^*R_{\mu\nu\lambda\rho} {}^*R^{\mu\nu\lambda\rho} \quad \text{and} \quad P_4 = {}^*R_{\mu\nu\lambda\rho} R^{\mu\nu\lambda\rho}, \quad (38)$$

respectively.

The Euler density coincides with the Gauss-Bonnet (GB) term, $E_4 = \mathcal{G}$.

Therefore,

$$S_{\text{SBR}}[g_{\mu\nu}] = \frac{M_{\text{Pl}}^2}{2} \int d^4x \sqrt{-g} \left[R + \frac{1}{6m^2} R^2 + \frac{\beta}{32m^6} (\mathcal{G}^2 - P_4^2) \right], \quad (39)$$

where we have introduced the dimensionless coupling constant $\beta > 0$.
In the context of superstrings theory, the constant β must be positive.

[S.V. Ketov](#), *Universe* **8** (2022) 351

The positive sign of β is consistent with the physical requirement in the $F(\mathcal{G})$ modified theories of gravity, demanding the second derivative of the F -function to be positive.

[A. De Felice and S. Tsujikawa](#), *Phys. Lett. B* **675** (2009) 1

In the spatially flat Friedman-Lemaitre-Robertson-Walker (FLRW) metric

$$ds^2 = - dt^2 + a^2 (dx_1^2 + dx_2^2 + dx_3^2) \quad (40)$$

with the cosmic scale factor $a(t)$, the P_4 term in the SBR action does *not* contribute to the equations of motion.

In the spatially flat FLRW metric, we get only one independent equation:

$$2 \left(m^4 + 3\beta H^4 \right) H \ddot{H} - \left(m^4 - 9\beta H^4 \right) \dot{H}^2 + 6 \left(m^4 + 3\beta H^4 \right) H^2 \dot{H} - 3\beta H^8 + m^6 H^2 = 0. \quad (41)$$

The parameter m can be removed from Eq. (41) by using the dimensionless variables $h = H/m$ and $\tau = mt$, which yields

$$2h \left(1 + 3\beta h^4 \right) \frac{d^2 h}{d\tau^2} - \left(1 - 9\beta h^4 \right) \left(\frac{dh}{d\tau} \right)^2 + 6h^2 \left(1 + 3\beta h^4 \right) \frac{dh}{d\tau} + h^2 \left(1 - 3\beta h^6 \right) = 0.$$

or, equivalently,

$$\begin{aligned} \frac{dR_h}{d\tau} &= \frac{1}{h(1+3\beta h^4)} \left[\frac{1}{12} R_h^2 - R_h h^2 - 3h^2 - \frac{3}{4} \beta \left(R_h - 10h^2 \right) \left(R_h - 18h^2 \right) h^4 \right], \\ \frac{dh}{d\tau} &= \frac{R_h}{6} - 2h^2, \end{aligned}$$

with $R_h = R/m^2$.

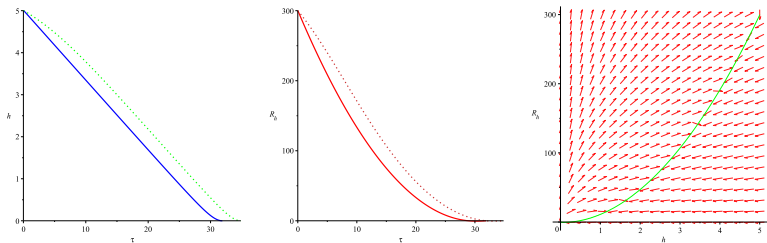


Figure: The functions $h(\tau)$ (on the left), $R_h(\tau)$ (in the center) for $\beta = 0$ (blue and red curves) and $\beta = 10^{-5}$ (green and brown curves), and the phase portrait (R_h, h) for $\beta = 10^{-5}$ (on the right).

SLOW-ROLL SOLUTIONS FOR THE STAROBINSKY INFLATION

In the slow-roll approximation defined by the conditions

$$|\ddot{H}| \ll |H\dot{H}| \quad \text{and} \quad |\dot{H}| \ll H^2 , \quad (42)$$

Eq. (41) with $\beta = 0$ is greatly simplified to

$$6\dot{H} + m^2 \approx 0 , \quad (43)$$

and has the well-known slow-roll solution of the Starobinsky inflation

$$H(t) \approx \frac{m^2}{6}(t_0 - t) , \quad (44)$$

where t_0 is the integration constant that apparently corresponds to the end of inflation. The slow roll conditions (42) are valid provided that $m(t_0 - t) \gg 1$.

SLOW-ROLL SOLUTIONS FOR $\beta \ll 1$

We search for a perturbative solution to Eq. (41) in the first order with respect to the parameter β , in the dimensionless form

$$H(t) = \frac{1}{6}(t_0 - t) - \beta H_1(t), \quad (45)$$

where we have kept only the leading term in the solution to the Hubble function of the Starobinsky inflation during the slow-roll regime, with the unknown function $h_1(\tau)$.

Taking into account the slow-roll conditions (42) allows us to simplify Eq. (41) to the non-linear ordinary differential equation

$$6(m^4 + 3\beta H^4) \dot{H} - 3\beta H^6 + m^6 = 0. \quad (46)$$

When searching for a perturbative solution to this equation in the first order with respect to β , we find

$$H(t) \approx \frac{m^2(t_0 - t)}{6} - \beta \left(\frac{m}{6}\right)^6 (t_0 - t)^5 \left[\frac{m^2}{14}(t_0 - t)^2 + \frac{18}{5} \right]. \quad (47)$$

INFLATIONARY PARAMETERS

Various scenarios of inflation in the neighborhood of the Starobinsky model modified by the higher-order curvature terms, depending upon the unknown effective function $F(H^2)$ entering the equations of motion in the FLRW universe have been studied in

P.A. Cano, K. Fransen and T. Hertog, *Phys. Rev. D* **103** (2021) 103531

Though our modification of the Starobinsky model is outside their modified (higher-derivative) gravity theories because Eq. (41) includes \ddot{H} , we can apply their results in the slow-roll approximation.

The effective $F(H^2)$ function in our case is given by

$$F(H^2) = H^2 - \frac{3\beta}{m^4} (H^2)^3 - \frac{3\beta}{m^6} (H^2)^4 . \quad (48)$$

Upper bound on β can be obtained from CMB measurements. The results of the Cano Fransen Hertog paper for the inflationary parameters gives in our case,

$$n_s = 1 - \frac{2}{N} - \frac{8\beta N}{9} - \frac{\beta N^2}{2} \quad (49)$$

and

$$r = \frac{12}{N^2} - \frac{16}{3}\beta - 2\beta N , \quad (50)$$

According to the CMB observation data, we have

$$n_s = 0.9649 \pm 0.0042, \quad r < 0.036 \quad , \quad (51)$$

for the tilt n_s of scalar (curvature) perturbations and the tensor-to-scalar ratio r .

In order to be consistent with the observed value of the spectral index n_s , we should demand

$$\beta \leq 3.9 \cdot 10^{-6} \quad . \quad (52)$$

The tensor-to-scalar-ratio r is under the upper bound of Eq. (51) for these values of β .

For the amplitude A_s of scalar perturbations, the β -correction is very small

$$A_s \approx 2.1 \cdot 10^{-9} + 5.5 \cdot 10^{-11} N^3 \beta \quad . \quad (53)$$

For instance, when $N = 65$ and $\beta = 10^{-6}$, we get the β -correction of the order $\mathcal{O}(10^{-3})\bar{A}_s$.

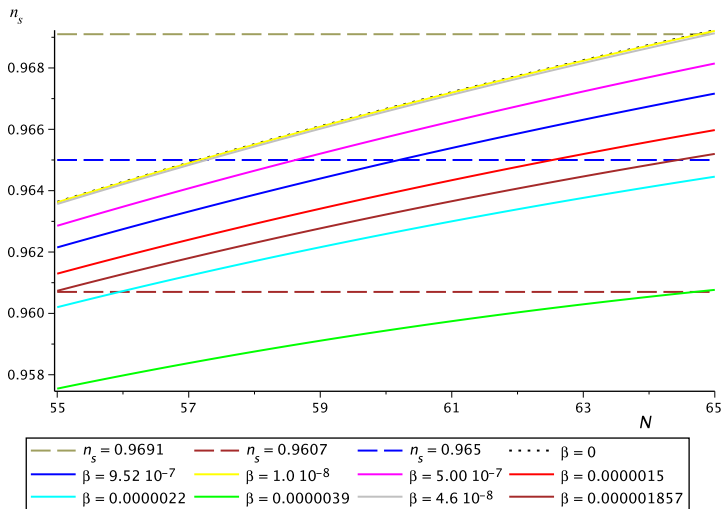


Figure: The spectral index n_s for $0 \leq \beta \leq 3.9 \cdot 10^{-6}$ with the e-foldings $55 \leq N \leq 65$. The dotted lines are the boundaries for the observed value of n_s set by the CMB data.

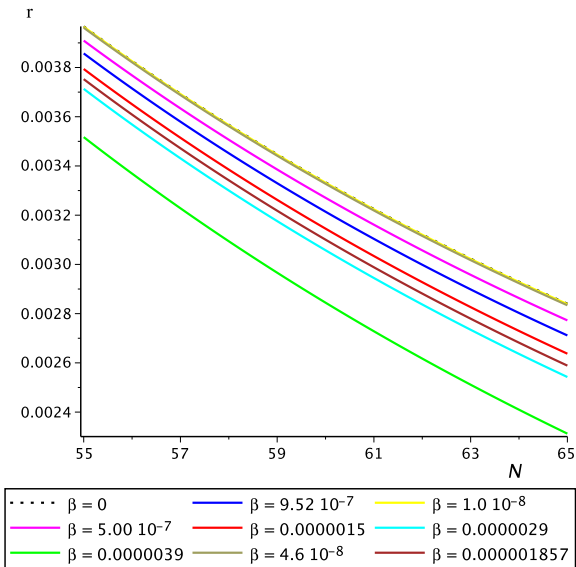


Figure: The tensor-to-scalar ratio r for $0 \leq \beta \leq 1.857 \cdot 10^{-6}$ with the e-folding number $55 \leq N \leq 65$.

CONCLUSIONS

- We studied several extensions of the Starobinsky inflation model of the $(R + R^2)$ gravity in the context of $F(R)$ gravity and string-inspired models. By deforming the scalar potential of the Starobinsky model, and derived the corresponding F -function in the analytic form in a new model with a single parameter, and found the lower and upper bounds on the values of the parameters.
- The modification of the Starobinsky model by the $R^{3/2}$ term does not lead to significant constraints on its coefficient in slow-roll inflation, at least for $0 < \delta < 100$.

The $R^{3/2}$ term has a significant impact on the value of the tensor-to-scalar ratio r .

- In the $(R + \frac{1}{6m^2}R^2 - \frac{\beta}{8m^6}T^2)$ model, find the physical bounds on the value of the parameter β by demanding the absence of ghosts and consistency of the derived inflationary observables with the measurements of the cosmic microwave background radiation.

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Thank for your attention